

Validation of the diagnosis of eosinophilic esophagitis based on histopathology reports in Sweden

SUPPLEMENTARY MATERIAL

Laboratory data

Laboratory measures within 3 months from the biopsy were available in 24% of the 111 patients. Hospitals often have different normal ranges for laboratory values. The reference values comes from Orebro University Hospital and are representative of other Swedish hospitals.

White blood cell count varied from 4.2 to 15.1*10⁹/l (median 7.3) (Reference=3.5–8.8 10⁹/L). Number of blood eosinophils reported in five patients was 0.1-0.4 and in one patient 3.2 (this latter patient was later diagnosed with hypereosinophilic syndrome (this latter patient also had Barret's esophagus and was not regarded as having EoE) (Reference ≤0.6 cell/mL). C-reactive protein was noted in 16 patients (median: 16 mg/L, range: <1-78) (Reference <4mg/L) . Erythrocyte sedimentation rate was registered in four patients (4%) (range 2-16 mm/h) (Reference <20mm/h).

Table S1. Variables examined in the charts of patients with suspected eosinophilic esophagitis (EoE)

Symptoms	Radiology	Endoscopy	Laboratory data
Feeding difficulties Vomiting Abdominal pain Weight loss Dysphagia Food impaction Other pain Eating slowly	Radiology type Radiology reports Manometry pH registration	Date of first endoscopy Endoscopy notes Date of first biopsy Histopathology report Number of upper biopsies of the esophagus Number of lower biopsies of the esophagus Date of diagnosis EoE listed in patient chart Follow-up biopsy Dilatation	ESR White blood cells Serum eosinophils CRP
Allergic diseases	Other diseases	Treatment	Other
Asthma Allergic rhinitis Atopic dermatitis/ eczema Confirmed food allergy	<i>Helicobacter pylori</i> <i>Giardia</i>		Smoking Alcohol Body mass index at first biopsy Heredity for other diseases

Table S2: Comparison of true versus false EoE for most common symptoms

Symptom	All patients (n=111)	Patients with true EoE (n=99)	Patients with false-positive EoE (n=12)	p-value
Dysphagia, n (%)	78 (70)	71 (72)	7 (58)	0.336
Food impaction, n (%)	64 (58)	61 (62)	3 (25)	0.015
Feeding difficulties, n (%)	37 (33)	33 (33)	4 (33)	1.00
Vomiting, n (%)	19 (17)	19 (19)	0 (0)	
Abdominal pain, n (%)	17 (15)	15 (15)	2 (17)	1.00
Weight loss, n (%)	12 (11)	10 (10)	2 (17)	0.616

Comparing patients with true EoE vs. those with false-positive EoE (not confirmed through patient chart review) revealed that food impaction (p=0.015) was significantly more common in true-positive EoE.

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