

**Table S1.** Dietary data collection and methods.

	Baseline, RT onset	4 weeks after RT onset	8 weeks after RT onset
Dietary advice by research dietitian	Face-to-face	Face-to-face	By telephone
24-h dietary recall	Face-to-face		
4-day estimated food records		Self-reported	Self-reported
FFQ	Self-reported	Self-reported <sup>a</sup>	Self-reported <sup>a</sup>

Note: RT, radiotherapy; FFQ, food frequency questionnaire. The baseline appointment with the research dietitian was conducted at the hospital where the patient received their radiotherapy treatment. A total of three registered dietitians, one at each hospital, gave dietary advice. The participants received the nutrition intervention after the baseline assessment was completed. The 4-day estimated food records were handed in to the dietitian prior to each follow-up assessment. <sup>a</sup> Collected by post.